



# HARP

healing arts reconciling peoples

THE PEOPLES' PRESS, C.I.C.

2026 CATALOGUE

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ATKEN ARMENIAN FOUNDATION  
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## *Hope Unleashed: A Climate Action Comic*

Written and illustrated by Sara avMaat



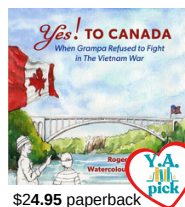
\$13.50 paperback  
9781990137341  
epub: 9781990137587  
8 x 10 | 38 pages

*Hope Unleashed* is a vibrant comic book about transforming climate anxiety into meaningful climate action, spotlighting inspirational Nova Scotians who are making a difference. Maude the dog and Feebee the cat come to the rescue of Patrick, who's feeling overwhelmed by the rapid warming of the Earth, the loss of countless species, and escalating environmental pollution. Determined to help, Maude and Feebee embark on an adventure to discover how they—and the reader—can take action. This engaging book appeals to both children and adults alike—and promises to make you laugh, sometimes cry, and above all, sit up and take notice. NOTE: 20% of the proceeds are donated to the Ecology Action Centre and the Nova Scotia Nature Trust.

**About the Author & Illustrator:** Sara avMaat grew up in New Brunswick. After establishing a career as a physiotherapist, she began attending art college part-time and eventually earned a BFA from NSCAD University in Halifax, Nova Scotia. Now retired from physiotherapy—but not from art making—she lives with her partner, Beth, in Antigonish County, Nova Scotia. *Hope Unleashed* is her first comic.

## *Yes! TO CANADA: When Grampa Refused to Fight in the Vietnam War*

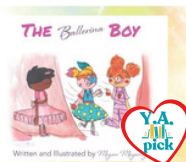
Written by Roger Davies



\$24.95 paperback  
9781990137747  
9 x 9 | 66 pages

*Yes! TO CANADA: When Grampa Refused to Fight in the Vietnam War* brings to life the true stories of Americans who said “no” to war and “yes” to peace by moving north to Canada during the Vietnam era. Told through the voice of a grandfather who made that journey, this beautifully illustrated book offers an engaging way for readers of all ages to explore moral choice, resistance, and belonging. It's both a piece of history and a timeless lesson in empathy, conscience, and hope.

**About the Author** Roger Davies received a U.S. army draft notice in 1968. By May 10th of that year, he was accepted as a Landed Immigrant in Canada. Attending teacher's college in Toronto, Ontario, he met his Canadian wife Judith McQuaid Davies (1946–2011). He has a daughter and three grandchildren. He lives in Halifax, Nova Scotia with his partner Helen Lofgren.



\$32.95 ltd. ed. hardcover  
9781990137549  
epub: 978199013770  
9 x 11 | 35 pages

## *The Ballerina Boy*

Written and illustrated by Megan Maginley

*The Ballerina Boy* invites the reader to join Edward and his colourful friends as they explore the power of friendship. A heartwarming story about acceptance and belonging, this book is also great way to fast-track important conversations about inclusion, and push the envelope for diversity, equity and inclusion.

**About the Author & Illustrator:** Based in Antigonish, Nova Scotia, Megan Maginley is a writer, illustrator, and puppeteer. She describes herself as “a lovely autistic creative force of nature.” *The Ballerina Boy* is her first book and marks her debut as a published author and illustrator.

## *Hmmm—M the Humdinger*

Written and illustrated by Dorothy Lander



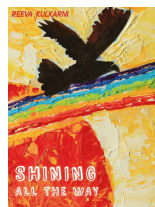
\$31.75 ltd.ed. hardcover  
9780993829574  
epub: 9781990137570  
8.5 x 11 | 50 pages

Join humming heroine “M” and her humming companions —bees, hummingbirds, dragonflies, and butterflies —as they gather for a humming circle around the honeysuckle bush. A story for children of all ages— and most especially those who love nature, music, dancing and hugs—*Hmmm - M the Humdinger* teaches how love and friendships grow when we learn to celebrate one another's differences. Inspired by a writing workshop with renowned children's author Sheree Fitch, note that all the author's illustrations — even the bees and butterflies and hummingbirds (!)— are fashioned from dried wildflowers and leaves, or “the botanical arts.” Also includes an introduction explaining the many health benefits of humming.

**About the Author & Illustrator:** Dorothy Lander is an author, educator, and co-founder of HARP Publishing, a Canadian independent press dedicated to decolonizing voices through the healing arts. With a background in education and community development, Dorothy's work focuses on storytelling as a tool for articulating and celebrating the social determinants of health equity. She has contributed to projects exploring Indigenous-settler relations and leads initiatives that amplify marginalized perspectives through publishing and public engagement.

## *Shining All the Way*

Written and illustrated by Reeva Kulkarni



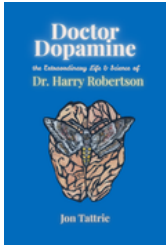
\$15.99 paperback  
9781990137411  
epub:  
9781990137518  
6 x 9 | 50 pages

Written by a grade 4 student at Halifax Grammar School, and inspired by the highly successful fable for adults, *Soar: A Soul's Quest*, this captivating book is an epic adventure of self-discovery. Shine is a spirited young eagle who leaves the safety of her home to explore the unknown. Along the way, she meets many creatures—seals, dolphins, and a wise old walrus—who answer her many questions and guide her on her journey. *Shining All the Way* is a compelling story of exploration, friendship, and self-belief. Reeva's father Ketan Kulkarni, author of *Soar*, challenged Reeva to write her own eagle story “that would be fully accessible to other children. ... I suggested she create the images, and very soon her younger sister Risha joined her as a companion artist for *Shining All the Way*. ...Every child has a Shine within them!”

**About the Author & Illustrator:** Reeva Kulkarni, the author and creator of many of the images in *Shining All the Way*, is a grade 4 student at Halifax Grammar School. She thrives on creativity and achievement. She loves science, mathematics, art, reading, and her friends call her a writing wizard. Outside of school, she enjoys Lego, sewing, painting, piano, and sports. She enjoys leadership and problem-solving and taking on new challenges

## *Doctor Dopamine: The Extraordinary Life & Science of Dr. Harry Robertson*

By Jon Tattrie



\$27.95 paperback  
9781990137815  
6 x 9 | 172 pages

What does it mean to spend a lifetime hunting a disease—only to find it hunting you?

Dr. Harry Robertson dedicated decades to unravelling the mysteries of dopamine, Dr. Harry Robertson dedicated decades to unravelling the mysteries of dopamine, transforming our understanding of Parkinson's disease from the inside of a lab at Dalhousie University. His pioneering discovery that the loss of smell can serve as an early warning sign of Parkinson's helped shift an entire field toward earlier diagnosis and intervention — giving patients more time, more treatment, and more life. Then came his own diagnosis.

**Jon Tattrie** is the author of ten books, including *To Leave a Warrior Behind: The Life and Stories of Charles R. Saunders*, *The Man Who Rewrote Fantasy*, the best-seller *Peace by Chocolate*, as well as *The Hermit of Africville*, *Redemption Songs*, *Daniel Paul: Mi'kmaw Elder*, and *Cornwallis: The Violent Birth of Halifax*. After working as a journalist for more than 20 years, he now operates Write Now! with Jon to help other people write and publish their books. He lives in Halifax, Nova Scotia, with his wife Giselle, son Xavier and daughter Roslyn.

## *For Those I Have Loved*

By Kyla Heyming



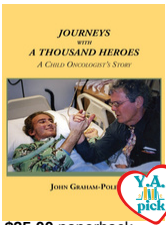
\$14.99 paperback  
9780993829598  
epub: 9781990137624  
9 x 11 | 63 pages

*For Those I Have Loved* is the first collection of poems by Ontario-based bilingual Poet Laureate Kyla Heyming. A powerful companion to anyone who's ever lost a loved one, Heyming or "KPH" dedicates this collection to the beloved memory of her grandfather, "Opa"— a great man whom she claims "made me fall in love with stories." Staring deeply into grief's abyss, Heyming captures poignant moments of love, loss, and self-discovery. A powerful balm to any reader, and especially those coping with the loss of a loved one.

**Kyla Heyming**, also known as "KPH" and "KP Heyming," is a bilingual writer and a Poet Laureate. Kyla's poetry and non-fiction have appeared in a number of arts and literature journals, including her poem "Poet" which was featured in the League of Canadian Poets' "Poetry Pause." Between 2022 and 2024, Kyla served as the city of Greater Sudbury's 7th Poet Laureate.

## *Journeys with a Thousand Heroes: A Child Oncologist's Story*

By John Graham-Pole, Published by Wising Up Press.



\$25.00 paperback  
978098982693346  
6 x 9 | 333 pages

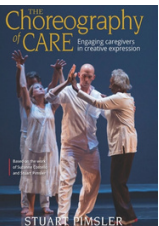
This thoughtful, moving, and surprisingly open memoir traces the arc of pediatric oncologist John Graham-Pole's long career. The seeds are planted with the early loss of his mother to cancer. His commitment to medical training in Britain would lead him to dramatically evolve cancer treatments in the United States—in particular, pioneering stem cell transplants with youth—to birth his holistic view of medicine, one that includes the innovative use of the arts. Through stories of his thousand young heroes, Dr. Graham-Pole explores issues core to cancer treatment and the training of doctors, including those risks worth taking in a fast-developing field, the nuanced nature of informed consent for children—as well as wonderful insights into how one doctor manages to expand his compassion and medical knowledge in equal measure.

**John Graham-Pole** is a British-trained physician, educator, and author with over fifty years of experience in pediatric oncology, palliative care, and medical teaching. He has taught and practiced at four universities and is known for his compassionate approach to medicine and storytelling. John's work highlights the human side of healthcare, emphasizing the vital roles of both the nursing profession and the creative arts in medicine. John retired to live with his wife Dorothy Lander in Antigonish, where they both founded and run HARP Publishing.

## *The Choreography of Care*

By Stuart Pimsler

Can art heal the caregiver?



\$24.95 paperback  
9781990137167  
epub: 9781990137556  
6 x 9 | 125 pages

The answer is a resounding yes—and *The Choreography of Care* shows us how. Based on the thousands of transformative experiences witnessed, performed, and captured at Stuart Pimsler Dance and Theatre company over the past three decades, founder Stuart Pimsler relays countless creative strategies—from movement and voicework to writing and improv—designed to activate authentic healing for a host of professional caregivers, in both home and work environments.

**Stuart Pimsler** is a dynamic writer, director, choreographer, and performer, and the founder of Stuart Pimsler Dance & Theater (SPDT). Alongside artistic co-director Suzanne Costello, he has earned international acclaim for over thirty years of pioneering work at the intersection of arts and health. Stuart has created more than fifty original performance pieces, authored the children's play *My Grandmother's Tsochkes*, and recently transformed the short story MATINEE into a groundbreaking interdisciplinary stage work. His distinguished career includes fellowships from the National Endowment for the Arts, McKnight Foundation, and Ohio Arts Council, as well as commissions worldwide. He lives in Minneapolis with his family.

## *Grace Notes on Nursing*

By John Graham-Pole



\$22.95 paperback  
9781990137419  
epub: 9781990137525  
6 x 9 | 114 page

After fifty years of teaching and practicing medicine at four universities, British-trained medical doctor John Graham-Pole pays heartfelt tribute to the nursing profession in *Grace Notes*. Reflecting on his earliest teaching experiences, he writes: "Two nurses—one very senior and one very junior—became my first teachers during my apprenticeship in the art and science of caring for those in need." An important, deeply affectionate, and necessary reminder of the profound and lasting impact nurses have on all they encounter, *Grace Notes* is a tribute and a must read for all would be, active and former members of the nursing profession.

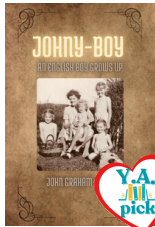
*Healing By Intent: A Medical Memoir*  
By John Graham-Pole



Healing by Intent  
A Medical Memoir  
\$22.95 paperback  
9780993829581  
6 x 9 | 207 pages

John Graham-Pole's second medical memoir explores the true nature of healing through the stories of children and young adults he cared for over a long career as a clinician, teacher, and researcher in the fields of oncology and hematology. With sensitivity and insight, he delves into the clinical, ethical, and spiritual challenges that arise when entrusted with the care of young people whose illnesses threatened—and too often ended—their short lives. As Graham-Pole writes: "To my mind, the best doctors bring to their work what Tibetan Buddhists call *compassionate objectivity*, especially in the care of dying patients... The opportunity to draw so close to another offers a healing experience for both."

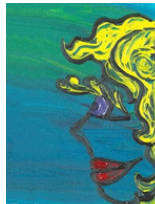
*Johnny-Boy: An English Boy Grows Up*  
By John Graham Pole



Johnny-Boy  
An English Boy Grows Up  
\$19.99 paperback  
9781990137723  
6 x 9 | 178 pages

*Johnny-Boy: An English Boy Grows Up* is John Graham-Pole's moving memoir, tracing his life choices back to childhood and early adulthood in England during and after World War II. As the youngest and only boy in a family of four, John shares memories of family life, schooldays at a boys-only school, favorite foods, and holidays—interspersing moments of loss, resilience, and change throughout. At the story's heart is his deep bond with his mother, whose early death helped shape his path into medicine. From strict private schools to post-war hardships and evolving social norms, John reflects on the people and events that influenced him most. The memoir concludes with his journey into pediatric oncology and palliative care, underscoring his belief in the power of storytelling to heal and connect. Honest, nostalgic, and quietly powerful, *Johnny-Boy* is a story of growing up, finding purpose, and holding on to what matters most.

*Blood Work: A Novel*  
By John Graham-Pole



Blood Work  
John Graham-Pole  
\$15.99 paperback  
9780993829512  
epub: 9781990137013  
6 x 9 | 235 pages

Written by renowned children's cancer specialist John Graham-Pole, *Blood Work* begins its three-part series with sixteen-year-old Moraig waking up in a hospital room, utterly unaware of how she got there. As the events of the past weeks come flooding back like a high-speed movie, oncologist Maddie Sullivan lays out the stark reality: leukemia is threatening her life. A life-and-death adventure sprinkled with adventures into first love, *Blood Work* explores the experience of a young woman coming-of-age while grappling with a cancer diagnosis and an uncertain future.

*A Boy and His Soul: A Novel*  
By John Graham-Pole



A Boy and His Soul  
John Graham-Pole  
\$15.99 paperback  
9780993829550  
epub: 9781990137020  
6 x 9 | 124 pages

*A Boy and His Soul* invites readers into the world of eleven-year-old Jeremy, a brave boy living with advanced leukemia, who suddenly becomes aware he has an animated soul, "Jewel." Guided by Jewel's quiet wisdom, Jeremy embarks on a tender and transformative journey to help his family and friends come to terms with his illness, gently leading them toward acceptance. Jeremy's quest unfolds through poignant scenes of love, friendship, and even laughter, interwoven with glimpses of the afterlife. The second book of a trilogy, the author writes from direct experience. As a seasoned pediatrician and oncologist, John has walked alongside countless children in similar scenarios. The novel is the author's offering to readers of all ages: a safe space to explore grief, hope, and the enduring power of connection. It's a novel about saying goodbye—and finding light, even in the darkest of places.

*Songlines: A Novel*  
By John Graham-Pole



Songlines  
A Novel  
\$15.99 paperback  
9781990137129  
epub: 9781990137334  
6 x 9 | 231 pages

The third book of John Graham-Pole's Moraig series follows along as two university students—one a musician, the other living with a life-threatening illness—form a healing bond in order to celebrate their combined creativity, connection, and will to live fully. Facing illness together, final-year students Jonah and Ellen discover love. As their relationship deepens, they embrace intimacy and creativity, discovering courage, honesty, and bright moments of joy. A compelling reminder that along the journey of cancer, when the patient is placed at the centre of care and when professional and personal caregivers work together with skill and compassion, a beautiful story unfolds. *Songlines* is that story.

Bundle & save almost 20%

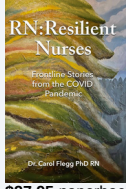


for a limited time!



## RN: Resilient Nurses—Front Line Stories from the COVID Pandemic

By Dr. Carol Flegg



\$27.95 paperback  
9781990137761  
6 x 9 | 103 pages

When the world needed them most, they showed up. This is what it cost them—and what brought them back. The COVID-19 pandemic pushed nurses to a breaking point that the public rarely saw: the exhaustion, the grief, the moral injury of caring for the dying while the systems around them strained and faltered. *RN: Resilient Nurses* gives those experiences a voice. Through intimate storytelling and striking collage art, nurse researcher Dr. Carol Flegg weaves together five nurses' pandemic journeys—including her own—to reveal what resilience truly looks like on the front lines. Drawing on arts-based research, *RN: Resilient Nurses* explores how creativity became both a tool for healing and a way of bearing witness—and asks urgent questions about what nursing education and healthcare institutions must do differently to sustain the people who sustain us all. For nurses, for educators, for anyone who has ever relied on the courage of a stranger in scrubs—this book is a reckoning and a roadmap.

**Dr. Carol Flegg** is a nurse who holds a master's degree in Adult Education and a PhD in Education. She has worked in several roles across Western Canada, gaining valuable experience in women's health and community health settings. As a committed educator, Dr. Flegg encourages lifelong learning among her post-secondary students, drawing on her diverse background in nursing and academic research. Her firsthand experience as a nurse during the pandemic adds a deeply personal and insightful perspective to her work.

**Book Bundle**  
buy with page 3 title  
**Grace Notes on Nursing** and get both for only \$40

## Creating in Dangerous Times

By Celeste Nazeli Snowber



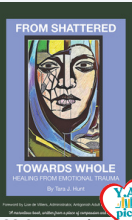
\$24.95 paperback  
9781990137730  
6 x 9 | 84 pages

*Creating in Dangerous Times* is a universal invitation to reclaim our human birthright of creativity. Each poem serves as a timely incantation—one might even say a "prescription"—for creative malaise. Designed to stir the memory of our shared humanity, Snowber explores themes of presence and the healing arts, gently nudging us all the while to reawaken, reflect upon, and reconnect with our latent creativity. A beautiful and necessary guide, it offers a deeply empathetic approach to healing and reconciling ourselves, one another, and the planet.

**Celeste Nazeli Snowber, PhD**, is a dancer, poet, writer, and award-winning educator who serves as a Professor in the Faculty of Education at Simon Fraser University. She has published and performed widely, with books including *Embodied Inquiry: Writing, Living, and Being through the Body*; *Dance, Place and Poetics: Site-Specific Performance as a Portal to Knowing*; and three collections of poetry. Celeste has performed and spoken internationally in concert venues, galleries, museums, conferences, and various outdoor spaces. In 2026, she was the recipient of the Lifetime Achievement Award, CACS Artists, Research & Teachers Society (ARTS SIG), CSSE, at the University of Winnipeg

## From Shattered Towards Whole: Healing from Emotional Trauma

By Tara J. Hunt



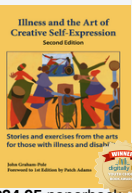
\$22.95 paperback  
9781990137440  
epub: 978199013756  
4.5 x 7 | 134 pages

Tara Hunt shares her personal journey of healing from emotional trauma—offering readers the tools, insights, and creative practices that helped her along the way. With honesty and heart, she guides us through chapters like *Loving Ourselves*, *Slowing Down*, *Reaching Out*, and *Writing Ourselves*, each paired with her own powerful illustrations. This is the resource Tara longed for at the start of her recovery: clear, compassionate, and practical. Whether you're just beginning or deepening your healing path, her gentle step-by-step approach creates space to reconnect with your body, restore your boundaries, and re-enter the world with strength and self-trust. A brave companion for anyone seeking to reclaim their peace.

**Tara Hunt** holds an Honours B.Sc. in Biology and completed graduate studies in Communications. She has lived and worked across North America in diverse roles—from writing instructor and museum curator to photographer, artisan, and leather-worker. Guided by a passion for creativity and healing, Tara now runs a home-based art and jewelry business with her husband in rural Nova Scotia.

## Illness and the Art of Creative Self Expression

By John Graham-Pole



\$24.95 paperback  
9781990137181  
epub: 978199013753  
6 x 9 | 294 pages

What if creativity could be your most powerful medicine?

In this inspiring and deeply practical book, physician, scientist, and arts-health pioneer John Graham-Pole invites readers to rediscover the healing power of imagination, play, and artmaking in times of illness and transition. Drawing on four decades of experience in pediatric oncology, palliative care, and arts in medicine, Graham-Pole offers engaging exercises and moving patient stories that show how creative self-expression can nourish the body, lift the spirit, and restore a sense of purpose. Featuring a foreword by Dr. Patch Adams and insights from global leaders in arts and health, this updated second edition explores how—regardless of age, skill, or diagnosis—creativity is essential to health and healing.

## Sally's Story: Surviving and Thriving with Polio

By Sally MacKay



\$15.99 paperback  
9781990137495  
epub: 9781990137648  
4.5 x 7 | 160 pages

Everybody has a story, but most are never told. In her early eighties, Sally MacKay decided it was time to share hers. The resulting book is a moving, courageous, and often lighthearted account of growing up with polio from the age 8—before vaccines were widely available. The disease caused sudden paralysis in the lower half of her body. Sally spent nearly two years confined to a hospital bed yet still went on to live an enormously full and rewarding life.

Having survived polio as a child, **Sally MacKay** completed not just one but two bachelor's degrees at St. Francis Xavier University. She also raised six beautiful children in Antigonish, Nova Scotia. Today a grandmother to six and great grandmother to five, Sally is also a locally celebrated storyteller, poet and rug hooker. *Sally's Story: Surviving and Thriving with Polio* is her first book.

## Soar: A Soul's Quest

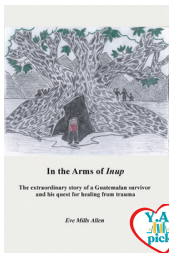
By Ketan Kulkarni



\$24.95 paperback  
9781990137396  
epub: 9781990137402  
6 x 9 | 186 pages

*SOAR: A Soul's Quest* is the stirring story of a young eagle who embarks on a journey of self-discovery and spiritual enlightenment. Soar's tale unfolds like a fable, through a series of encounters with inspiring creatures who teach him vital life lessons. Ultimately, Soar learns, as psychologist Dr. Jillian Rigert notes in her testimonial, "what it means to live a life true to himself and to teach others to do the same." Drawn far from home into the natural world—sometimes hostile, more often welcoming, but always unfamiliar—Soar begins to unlock the essential keys to personal and collective healing. Together with Soar, readers are invited to embrace new experiences, learn from past lessons, and cultivate loving community in their own lives.

**Ketan Kulkarni** is an international award-winning physician, clinician-researcher, and artist. He has a deep interest in ancient wisdom, history, and spirituality. A frequent media guest and contributor, Ketan was recently awarded an honorary PhD in humanities.



**\$25.00** paperback  
99780993829567  
epub: 9781990137457  
6 x 9 | 221 pages

### In the Arms of Inup

by Eve Mills Allen with Jeremias Tecú

Eve Mills Allen, a mental health therapist from New Brunswick, shares the profoundly moving story of Jeremias Tecú, who, at just eleven years of age, led his family to safety during the Guatemalan genocide against the Mayan peoples. In breaking his long-held silence, Jeremias recounts his memories to the author, revealing not only the harrowing realities of survival but also the deep limitations of our mental health system in addressing the lasting wounds of war and genocide.

**Eve Mills Allen** is a therapist based in Moncton, New Brunswick, with an MA in Creative Writing and an MEd in Counselling Psychology. She has over 30 years of experience as a journalist and educator and leads life writing and therapeutic workshops. A member of the Moncton Writers' Group and NB Federation of Writers, Eve, has won multiple short story awards.

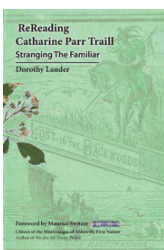
**Jeremias Tecú** is a New Brunswick-based storyteller and community activist as well as a genocide survivor of the Guatemalan civil war. After starting a new life in New Brunswick, Canada, Tecú became a settlement worker at the Multicultural Association of Fredericton, aiding newcomers with their acclimatization. A founding board member for the Madhu Verma Migrant Justice Centre, *In the Arms of Inup* is his story. NOTE: 10% of all sales go to the Maritime-Guatemala Breaking the Silence Network.

### Rereading Catharine Parr Traill: Strangling the Familiar

by Dorothy Lander

*ReReading Catharine Parr Traill: Strangling the Familiar* is a bold and unflinching re-examination of one of Canada's most celebrated settler voices. In this decolonizing memoir and cultural critique, author and nature artist Dorothy Lander revisits Traill's 1852 children's story *Canadian Crusoes: A Tale of the Rice Lake Plains*, exposing how its colonial narratives and racialized stereotypes were long normalized—and remain largely unquestioned. Lander's close reading reveals how the book promotes white supremacy and the Doctrine of Discovery, even as it offers a surprisingly complex portrayal of Indiana, a Mohawk girl whose Indigenous knowledge is essential to the settlers' survival. This tension—between overt racism and reluctant admiration—serves as a catalyst for exploring the contradictions embedded in Canadian colonial literature. With contributions from Alderville First Nation, including a powerful foreword by Maurice Switzer and five original illustrations by artist Koren Smoke, *ReReading Catharine Parr Traill* becomes more than literary analysis: it becomes a collaborative act of truth-telling and reconciliation.

**Dorothy Lander** is an author, educator, and cofounder of HARP Publishing, a Canadian independent press dedicated to decolonizing voices through the healing arts. With a background in education and community development, Dorothy's work focuses on storytelling as a tool for articulating and celebrating the social determinants of health equity. She has contributed to projects exploring Indigenous-settler relations and leads initiatives that amplify marginalized perspectives through publishing and public engagement.



**\$26.50** ltd. ed.  
hardcover  
9781990137136  
epub: 9781990137365  
6 x 9 | 128 pages

### The Call to Connect with Spirit

by Eileen Marlowe

A first-place winner of the 2025 Mind and Spirit Book Award through the Chanticleer International Book Awards.

Indigenous author and artist Eileen Marlowe invites the reader to forge connections with spirit and leverage these connections to transform their lives. Through the symbology of dreams and her vibrant abstract art, the author enters into dialogue with her spiritual guides. Her practices of daily meditation and her efforts of becoming the director and architect of her own life are embodied in the themes of the artwork throughout.

**Eileen Marlowe** is an Indigenous Chipewyan from Yellowknife, Northwest Territories, Canada. She is a self-taught abstract artist. She earned a Bachelors in Communications from Royal Roads University and a Masters in Communications Management from McMaster. Eileen has worked across various sectors, including tourism, oil and gas, education and training, environmental management, and green mineral extraction.



**\$28.95** paperback  
9781990137501  
epub: 9781990137655  
8.5 x 11 | 52 pages

### The Marrow of Longing

by Celeste Snowber

Be swept into an exploration of Armenian heritage that uncovers universal themes of longing and belonging.

*The Marrow of Longing*, the third book of poetry by Simon Fraser University professor Celeste Snowber, is a deeply personal and interpersonal collection that traces the inherited trauma of the Armenian genocide. These poems draw on kitchen conversations, fragmented memories of grandparents, parents' love letters, nighttime prayers, and bodily yearning. "Fragments can hold a world," Snowber writes.

A descendant of genocide survivors, Celeste explores the relationship between longing, belonging, and identity—uncovering themes that resonate far beyond her own ancestry and guiding readers toward what has shaped their own lives. In excavating her own vulnerabilities and longings, she invites the reader to reflect on their own.

**Celeste Nazeli Snowber, PhD**, is a dancer, poet, writer, and award-winning educator who serves as a Professor in the Faculty of Education at Simon Fraser University. She has published and performed widely, as well as performed and spoken internationally in concert venues, galleries, museums, conferences, and various outdoor spaces. In 2026, Celeste was honoured with Lifetime Achievement Award, CACS Artists, Research & Teachers Society (ARTS SIG), CSSE, University of Winnipeg. You can find her online at [www.celestesnowber.com](http://www.celestesnowber.com) or, more ideally, dancing between land and sea. NOTE: 10% of all sales goes to the Atken Armenian Foundation.

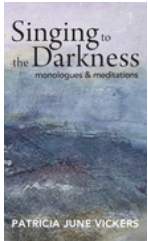


**\$25.00** paperback  
9781990137068  
epub: 9781990137594  
6 x 9 | 94 pages



### Singing to the Darkness

by Patricia June Vickers



\$22.95 paperback  
9781999086107  
6 x 7.5 | 72 pages

*Singing to the Darkness* is a profound journey of self-discovery and healing that invites readers to reconnect with their authentic selves beyond the scars of colonization and trauma. Rooted in Patricia's Indigenous Haida, Heiltsuk, and Ts'msyen heritage, as well as her British ancestry, this evocative work combines soulful storytelling, meditative reflections, and twenty stunning nature-inspired paintings to guide readers through a visual and emotional inquiry into identity and resilience.

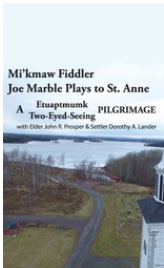
As Mental Health Department Head at Skidegate Health Centre on Haida Gwaii, Patricia draws on both ancestral wisdom and contemporary healing practices, exploring how altered states of consciousness can retrieve fragmented parts of the self broken by trauma. Through her "soul catcher" stories and gentle meditations, she offers a sanctuary for those seeking solace, understanding, and transformation.

Renowned trauma expert Dr. Gabor Maté writes in his Foreword that *Singing to the Darkness* is a "jewel of a book," illuminating the path toward authenticity with "winged words" that inspire truth, beauty, and hope. This deeply integrative work is both a personal and collective guide for anyone navigating the complexities of identity, healing, and spiritual awakening.

**Patricia June Vickers, PhD**, is a member of the Eagle Clan with Indigenous roots in the Haida, Heiltsuk, and Ts'msyen Nations, alongside British ancestry. Her work as a healer and scholar bridges these worlds, drawing on deep traditions and contemporary insights. Patricia lives on Haida Gwaii, British Columbia, where she leads the Mental Health Department at Skidegate Health Centre. She believes in the power of altered states of consciousness to recover the parts of ourselves fractured by trauma.

### Mi'kmaw Fiddler Plays to St. Anne: A Etuaptmunk Two-Eyed Seeing Pilgrimage

by Elder John R. Prosper and Settler Dorothy Lander



\$25.00 paperback  
9781990137174  
epub: 9781990137979  
6 x 9 | 74 pages

*Mi'kmaw Fiddler Plays to St. Anne* is a powerful Two-Eyed Seeing journey of truth-telling, healing, and cultural resilience. Elder John R. Prosper of Paqtnkek Mi'kmaw Nation and settler co-author Dorothy A. Lander offer a deeply personal and historic pilgrimage, guided by Saint Anne, the patron saint of the Mi'kmaq. Told through Elder Prosper's lived experience of the 1942 Centralization Policy, which uprooted his family and sent his siblings to the Shubenacadie Residential School, and Lander's call for settlers to confront their own intergenerational complicity, *Mi'kmaw Fiddler* challenges all Treaty People to harness their gifts of faith, music, and memory to walk together towards more authentic healing and lasting reconciliation.

**Elder John R. Prosper** lives in Paqtnkek Mi'kmaw Nation, Antigonish County, Mi'kma'ki. He moved to Paqtnkek in 1953 to live with his uncle, Maurice Marshall, and aunt, Teresa Johnson, after escaping from the Shubenacadie Residential School. He retired in 2015 after a 42-year career as Director of Operations at Paqtnkek. John R. serves as the curator of St. Anne's Church and choir director at Immaculate Conception Church in Heatherton. He holds the lifetime position of Keptin on the Mi'kmaw Grand Council.

**Settler Dorothy Lander** is an author, educator, and co-founder of HARP Publishing, a Canadian C.I.C. dedicated to decolonizing voices through the healing arts. With a background in education and community development, Dorothy's work focuses on storytelling as a tool for articulating and celebrating the social determinants of health equity. She has contributed to projects exploring Indigenous-settler relations and leads initiatives that amplify marginalized perspectives through publishing and public engagement. NOTE: 80% of all sales goes directly to The St. Anne's Church Restoration Fund.

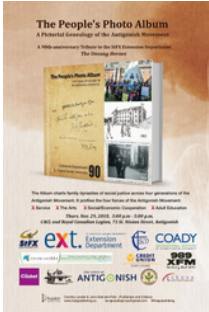


*We are all Treaty People.*



## The People's Photo Album

by Dorothy Lander and John Graham Pole



\$250.00 ltd. ed.  
hardcover  
9780368612244  
11 x 13 | 190 pages

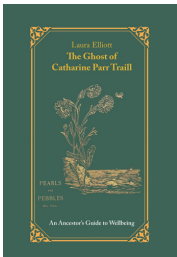
*The People's Photo Album* is a tribute to the Extension Department of St. Francis Xavier University (StFX) on its 90th anniversary—a vibrant visual history of the Antigonish Movement as seen through the eyes of those who lived it. Individuals, families, and organizations from the intergenerational community of this global movement opened their photo albums, scrapbooks, and social media collections to share stories of struggle and triumph. What began as a modest project with 25 contributors quickly grew to over 100 pages and 800 photographs, revealing a powerful and enduring truth: the work of the Extension Department has had a lasting impact on lives and communities across the world. The Antigonish Movement is not a memory—it is a living legacy.

The Movement's roots trace back to the 1920s, when members of the Scottish Catholic Society of Canada urged StFX to establish a Department of Social Action. In 1930, Rev. Dr. Moses Coady became the first director of the newly formed Extension Department, after studying adult education practices across North America. At its core, the Extension Department has championed adult education and social and economic cooperation—principles that continue to animate the Antigonish Movement's quest for "the good and abundant life" for all.

Spanning nine decades, *The People's Photo Album* weaves together photographs, archival letters, and community stories to honor a grassroots movement built on dignity, learning, and collective action.

## The Ghost of Catharine Parr Trail

by Laura Elliott



\$26.95 softcover  
9781990137426  
epub: 9781990137433  
11 x 13 | 190 pages

*The Ghost of Catharine Parr Trail* follows Laura Elliott's journey of discovery into the life and lessons of well-being inspired by the nineteenth-century pioneer, author, and botanist. The journey began in 2019, when Laura moved into Catharine's final home—Westove—in Lakefield, Ontario. When the global pandemic struck in 2020, the challenges Laura and her family faced transformed this exploration into a passion project. What can our generation learn from Catharine's grit, resilience, and calm in the face of adversity? What insights do the encounters between Indigenous peoples and settlers—as interpreted through Koren Smoke's evocative artwork—offer to the ongoing truth and reconciliation process?

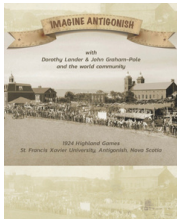
Laura draws readers into a timeless ancestral inquiry into personal and collective well-being.

**Laura Elliott** is a vice principal with the Kawartha Pine Ridge District School Board and a lecturer in the Faculty of Education at Trent University. She holds a PhD in Kinesiology and Physical Education from the University of Toronto and an MA in Social Justice Education from the Ontario Institute for Studies in Education (OISE). She is also a mother, an enthusiastic (if amateur) Nordic skier, and a self-proclaimed expert in maple syrup production.

**Book Bundle!**  
buy with the page 6 title  
**Rereading Catharine Parr Trail**  
and get both for only \$40

## Imagine Antigonish: A Photographic Inquiry into Health Equity

by Dorothy Lander and John Graham Pole



\$26.95 paperback  
9781990137693  
6 x 9 | 148 pages

*Imagine Antigonish: A Photographic Inquiry into Health Equity* explores how art, memory, and community intersect to illuminate the roots of health equity in a rural Canadian town. Founded in appreciative inquiry and inspired by the global Imagine movement, this richly visual book builds on the resounding success of the 2014 Imagine Antigonish photo exhibit. Co-authors Dorothy Lander and John Graham-Pole—two of the original exhibit's coordinators—dig deeper into the images, applying scholarly research to uncover the untold stories behind the photographs.

With a focus on the social determinants of health equity, the authors reconstruct the community's historical narrative, revealing a vibrant tapestry of resilience, care, and justice. By bringing the past into dialogue with the present, *Imagine Antigonish* offers more than reflection—it's a call to action that invites readers to see Antigonish as a microcosm: a community whose lessons, challenges, and triumphs can inform the future of all communities.

What if we, too, could learn from our past to reimagine a more just, healthy, and equitable world?

*"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has."*

~Margaret Mead

The logo for HARP features the letters 'H', 'A', 'R', and 'P' in a large, bold, black sans-serif font. The letters are set against a background of a light blue sky with soft white clouds. To the left of the letters, a large flock of small, stylized birds in various shades of brown and grey is flying towards the right. Several thin, black lines radiate from the top of the letters, some ending in small black dots. In the upper right corner of the sky, two larger, white birds are flying.

## healing arts reconciling peoples

216 Clydesdale Rd | Clydesdale, NS | B2G 2K9 CA

For sales inquiries please contact [robin@tryhealingarts.ca](mailto:robin@tryhealingarts.ca).

For general inquiries please contact [info@tryhealingarts.ca](mailto:info@tryhealingarts.ca)

or visit [www.tryhealingarts.ca](http://www.tryhealingarts.ca)

### About HARP

What began in 2018 as an ambitious dream by two elder white settlers soon launched to become an Antigonish-based multimedia publishing house. Founded by Dorothy Lander and John Graham-Pole, HARP (Healing Arts Reconciling People) The Peoples' Press, C.I.C. was established as part of their combined lifelong mission: to connect our broken world through the power of the healing arts. In less than 10 years, this heartfelt community interest company (C.I.C.) had already launched the Imagine Antigonish movement; a full-length feature documentary *1784 Unsettling Antigonish: Speaking Truth to History*; the *Estu and Plove Find Their Voice Podcast*, even supported the start-up of local independent bookstore, *The Curious Cat*; and most significantly, dozens of books in a variety of formats, all dedicated to one vital and timely theme: the healing arts for health equity.

With a new podcast and several books in the wings, HARP decided to become a Community Interest Company in 2026. Meanwhile this same year it partnered with the Indigenous Storytelling Program *Weji-sqala'timk*, a Mi'kmaq word meaning "We sprouted from the earth." Additionally, HARP dedicates a portion of their proceeds to The David Suzuki Foundation as well as the Circle of Abundance, an Indigenous Program through the Coady Institute of St. Francis of Xavier University, and dozens more select charities.

HARP is also a member of Publishers for Palestine.

### Healing Arts, Reconciling Peoples

At HARP, we champion humanity through storytelling. We do this by growing and supporting a diverse community of authors, photographers, podcasters, illustrators, filmmakers, digital creators, dancers, musicians, and change makers. With a special focus on the beauty and power of the healing arts, we are driven to help reconcile our relationships to the planet, our spirits, and one another.

Because we believe that together we can heal this world through the arts. And we invite you to join us. Let's make a positive impact, together. Got an idea for healing this world? A topic for a blog? Then we'd love to connect. Write us at [info@tryhealingarts.ca](mailto:info@tryhealingarts.ca), or find us on most popular social media platforms.

A circular graphic consisting of the text "ART IS THE HIGHEST FORM OF HOPE. ART IS THE HIGHEST FORM OF HOPE. ART IS THE HIGHEST FORM OF HOPE. ART IS THE HIGHEST FORM OF HOPE. ART IS THE HIGHEST FORM OF HOPE." repeated in a light grey, sans-serif font. The text is arranged in a circular pattern, with some words overlapping. The background of the graphic is a light blue sky with soft white clouds and several small, stylized birds flying.

### Indigenous & African Acknowledgement

HARP The Peoples' Press, C.I.C. operates among and across the traditional territories of Mi'kmaq, Maliseet and Passamaquoddy People: territories that have lived in and remained for hundreds of thousands of years. HARP also recognizes the significant histories, legacies and contributions of African inhabitants who have also enriched Mi'kma'ki—what's known as Atlantic Canada today—for more than 400 years.